

CLUB SPORTS NEWSLETTER

OCTOBER 2012



SEPTEMBER SCORECARD

MEN'S RUGBY, 9/8	W	MEN'S HOCKEY, 9/14	W	MEN'S LACROSSE, 9/23	W	MEN'S LACROSSE, 9/23	W	WOMEN'S HOCKEY, 9/30	L
BADGERS	52	BADGERS	7	BADGERS (GLLL RED)	17	BADGERS (GLLL WHITE)	8	BADGERS	2
MILWAUKEE	10	OSHKOSH	6	PLATTEVILLE	3	WHITEWATER	5	MADISON METEORITES	4

WATERSKI & WAKEBOARD

Conference Championships: Overall finish, 4th of 20, resulting in qualification for Regionals.

KENDO

Kendo Student Cup: Overall finish, 3rd

JAPANESE KARATE

Attended a seminar with Sensei Fusaro to prepare for the upcoming black belt rank exams.

NEW KIDS ON THE BLOCK: SHORIN RYU KARATE



Shorin-Ryu Karate is a club sport that has been teaching students martial arts skills since 1972. Between the club's inception in 1974, over 1000 students have been involved and over 100 students have become black belts. The club was founded by Kurt Christensen, who taught the current volunteer instructor, LJ Janowski. There are currently several Senseis (teachers) within the club, many of whom are students and staff at the university. Students in this club come from all walks of life, sharing the common desire to study a martial art. Some students have gone on to start their own dojos. Even more students have gone on to be successful professionals in business, academics, engineering, medicine, and law. The ultimate goals of this club are to teach personal self-protection skills, share the rich history of the Shorin-Ryu martial arts, and create a learning environment for self-mastery. The Shorin-Ryu Karate club is proud of having students who strive for excellence in their own goals and give back to the community.

DEADLINES:

NOVEMBER 7

NOVEMBER 9

DECEMBER 10



Club Sports Council meeting (NAT)

Spring facility requests due

Coach/Instructor Pass Renewals due

ATHLETE SPOTLIGHT

Jessica Yurchich began her triathlon career at age 15, and began race-specific training upon her 2006 arrival at UW-Madison. A natural right off the bat, Yurchich qualified for the 2007 Age Group National Triathlon Championship, earning a spot on Team USA. This qualification led to her 7th place overall finish at the Age Group World Triathlon Championships held in Hamburg, Germany. In 2008, Yurchich raced her first Ironman in Madison as the youngest female competitor. Yurchich recalls her first Ironman as “grueling,” but she raced again in 2010 and in September of this year. With the help of her coach Mike Lavery (of Fast Forward Triathlon), Yurchich raced in this year’s Ironman Wisconsin, achieving her goal of finishing under 11 hours and 30 minutes and winning her division. This win qualified Yurchich to race at the 2013 Ironman World Championships in Kona, Hawaii.

Apart from her Ironman win and subsequent qualification, Yurchich’s favorite memory from the past season was finishing her last long bike/run

brick workout before racing the Ironman. This moment “gave [Yurchich] confidence” to approach the upcoming Ironman.

Yurchich says, “My favorite thing about being on the Wisconsin Triathlon Team is the camaraderie and encouragement I receive from other club members who are equally dedicated to training and motivated to get faster. It’s great to have other people to work out with and inspire me to work harder.”

As she continues her training for Kona, Yurchich’s goal is to break her personal record and finish under 11 hours at the Ironman World Championships. After Kona, Yurchich has her sights set on finishing in the top 35 females at the 2013 Collegiate National Triathlon Championship next April.

Yurchich would like to give a special shout-out to her coach, Mike Lavery, her family, friends, and members of the Wisconsin Triathlon Team for their support.

Yurchich racing at the 2012 Ironman Wisconsin



TRIATHLON TEAM'S JESSICA YURCHICH



STATS:

Name: Jessica Yurchich

Year: 1st year Evening MBA student

Club: Wisconsin Triathlon Team

Club Position: Social Coordinator

Experience: 5 years total, 4 years during undergrad

UPCOMING EVENTS: NOVEMBER

SUNDAY	MON	TUES	WED	THURS	FRIDAY	SATURDAY
Oct. 28 Kendo at ECUSKF Johnon Cup	29	30	31	1	2 Women's Softball at Western Illinois University Women's Volleyball, Iowa Tournament (U of Iowa) Figure Skating Club, Bronco Challenge Cup (WMU) Women's Ultimate, Iowa Tournament Men's Hockey v. Waldorf (Shell, 8:15pm)	3 Women's Softball at Western Illinois University Women's Volleyball, Iowa Tournament (U of Iowa) Figure Skating, Bronco Challenge Cup (WMU) Women's Ultimate, Iowa Tournament Badminton, Madison Open (8am-4pm)
4 Women's Softball at Western Illinois University Women's Volleyball, Iowa Tournament (U of Iowa) Figure Skating Club, Bronco Challenge Cup (WMU) Women's Ultimate, Iowa Tournament Badminton, Madison Open (8am-4pm)	5	6	7	8	9 Men's Hockey, RMU Tournament (Chicago, IL) Japanese Karate Rank Exam (Minneapolis, MN) Triathlon, Winter Cycling Relay Challenge (Verona, WI) Tennis, Badger Classic (8am-6pm)	10 Men's Hockey, RMU Tournament (Chicago, IL) Japanese Karate Rank Exam (Minneapolis, MN) Men's Volleyball, Hardwood Classic (East Lansing, MI) Men's Ultimate (Columbia, MO) Tennis, Badger Classic (8am-6pm)
11 Men's Hockey, RMU Tournament (Chicago, IL) Japanese Karate Rank Exam (Minneapolis, MN) Men's Volleyball, Hardwood Classic (East Lansing, MI) Men's Ultimate (Columbia, MO) Women's Hockey, League Game (Shell, 11:15am)	12	13	14	15	16	17 Fencing, Big 10 Duals (Evanston, IL) Wrestling, Concordia Open (Mequon, WI) Women's Hockey, League Game (Stoughton, WI)
18 Fencing, Big 10 Duals (Evanston, IL) Women's Hockey, League Game (Shell, 11:15am)	19	20	21	22	23	24
25	26	27	28	29	31 Men's Hockey v. St. Cloud (Shell, 8:15pm)	Dec. 1 Figure Skating, Dr. Porter Classic (Ann Arbor, MI) Tennis at MU (Columbia, MO) Women's Volleyball, Indiana Tournament Racquetball, UW-Tournament

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Want your club to be featured in the next issue? Email cschlecht@wisc.edu for more information.

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